

Aging In Place conducts survey

Darien News Staff

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In a few weeks, Darien residents age 60 and over will receive the second issue of the Aging In Place newsletter, Out and About. This newsletter is filled with upcoming events, activities, health tips and issues of interest to older adults. It includes articles on how to avoid scams, home modifications for comfort and safety, pointers on how to get a good night's sleep and how to buy half-price taxi vouchers.

With the newsletter, readers will find a short survey, which only takes 10 minutes to complete. This survey will help the Aging In Place strategic planning committee determine the future direction of the program and to best meet the needs of Darien seniors without duplicating existing services. All seniors age 60 and over are encouraged to answer this survey even if they do not have any need for senior services at this time.

Aging In Place is a pilot program of The Community Fund of Darien that was officially launched in January after two years of planning. The organization's mission is to help Darien residents live independently, comfortably and with dignity in their own homes as long as possible. This information and referral program is free to all Darien residents age 60 and over, family members and friends.

Aging in Place has a part-time coordinator, Alyssa Israel, who is ready to assist Darien residents. Whether they are looking for a plumber, electrician, landscaper, housekeeper or handyman, Israel has a list of vetted service providers who are affordable, trustworthy and reliable. In addition, Israel will connect residents with any program or service in the community that meets their needs.

For more information, call Israel at 202-2912 or e-mail aipcoordinator@communityfunddarien.org.