

The Human Services Planning Council and the Darien Community Association

Present

New Year New You

Resolve to Keep Those New Year Resolutions!

What: A Community Fair designed with **YOU** in mind:

- ✓ Stress Relief - Yoga & Meditation
- ✓ Health & Wellness
- ✓ Career Counseling – What’s New Out There!
- ✓ Money Management
- ✓ Getting Organized

Where: Darien Community Association
274 Middlesex Road
Darien, CT 06820

When: Thursday, February 9, 2012
10:00 AM to 2:00 PM

YOU are the Priority of the Day. . .
Self-care is not selfish!

For more information please contact
The Community Fund of Darien
203-655-8775