

Seminars focus on coping with job loss

Written by The Darien Times

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As part of the Darien C.A.R.E. Campaign, two workshops will be held for families facing job loss.

The first workshop, Career Management Seminar, will be held from 7:30 to 9 p.m. on Wednesday, March 11, at the Darien Community Association. John Bassler, recently retired general manager of Korn/Ferry International, will be joined by Douglas Campbell, CEO of The Success Coach and Harry Geller, former vice-president of Right Management Consultants to offer practical hints for starting over when faced with loss of employment.

The second workshop, Recession-Proofing Your Family, will be held from 9:30 to 11 a.m. on Saturday, March 7, at Darien High School, and from 9:30 to 11 a.m. on Wednesday, March 18, at Darien Library. Community leaders will present a panel discussion that will include tips on talking with your children about job loss, maintaining family closeness during times of stress, promoting positive coping skills, and locating resources for friends in need.

Panel participants include Susan Jasko of the Child Guidance Center of Southern Connecticut, Elisabeth Tullis Schneider of Family Centers, Moira Rizzo of Family and Youth Options, Marina Thomas of Person-to-Person, and Olive Hauser, director of Darien Social Services.

For more information, call the Community Fund at 655-8775.