



The
Community Fund
of Darien

Creating Connections

*A Directory of Mental Health and Support Services for
the Darien Community*

The Community Fund of Darien
P.O. Box 926, 701 Post Road, 655-8775
www.communityfunddarien.org

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A Directory of Mental Health and Support Services for the Darien Community

This directory has been compiled by social services professionals to help people in Darien access mental health and support services. Most of these services are either free or on a sliding scale. Due to the nature of these programs, changes are typical. Prior to attending any session, please contact the appropriate agency to verify information. The only groups for which this is not required are: Alcoholics Anonymous, Al-Anon, Gamblers Anonymous, Narcotics Anonymous and Overeaters Anonymous.

You may contact the Darien Department of Social Services at 656-7328 or dial 211 for additional information. Dialing 211 connects you to Infoline, a single source for information about community services, referrals to human services, even crisis intervention. 211 is toll-free anywhere in Connecticut, 24 hours a day. Professional, compassionate caseworkers help callers with questions. Or visit the 211 website at www.infoline.org

EMERGENCY NUMBERS

Concern	Support	Location	Phone Number	Address
Domestic Violence				
	Domestic Violence Crisis Center	Stamford	357-8162	
	Domestic Violence Crisis Center	Norwalk	852-1980	
	Police	Darien	911	
	Infoline	Connecticut	211	
Gay & Lesbian National Hotline		California	800-843-4564	www.glbtnationalhelpcenter.org
Mental Health Emergency				
	Child Guidance Center Hotline	Darien	888-825-6777	972 Post Road, Darien
	Dubois Center	Stamford	358-8500	780 Summer Street, Stamford
	Infoline	Connecticut	211	
	Family Centers Darien Hotline	Darien	877-349-4689	590 Post Road, Darien
	Norwalk Hospital	Norwalk	852-2000	24 Stevens Road, Norwalk
	Stamford Hospital Emergency Room	Stamford	325-7777	30 Shelbourne Road, Stamford
Pregnancy Hotline				
	Planned Parenthood	Norwalk	853-2605	50 Washington Street, Norwalk
	Planned Parenthood	Stamford	327-2722	1039 East Main Street, Stamford
	Birthright - Prolife	Norwalk	853-4872	669 West Street, Norwalk
	Birthright - Prolife	Stamford	348-4355	20 Second Street, Stamford
Sexual Assault				
	Sexual Assault Crisis Center	Stamford	329-2929	One Dock Street, Stamford
	Stamford Hospital Emergency Room	Stamford	325-7777	30 Shelbourne Road, Stamford
Substance Abuse				
	Liberation Programs	Stamford	356-1980	Multiple Addresses
	Norwalk Hospital	Norwalk	852-2000	24 Stevens Road, Norwalk
	Silver Hill Hospital	New Canaan	800-899-4455	208 Valley Road, New Canaan
	Stamford Hospital Emergency Room	Stamford	325-7777	30 Shelbourne Road, Stamford
Suicide Hotline				
	Suicide Prevention Hotline		800-SUICIDE	
	Child Guidance Center Hotline	Darien	888-825-6777	972 Post Road, Darien
	Family Centers Darien Hotline	Darien	877-358-8500	590 Post Road, Darien
	Kids in Crisis	Greenwich	327-5437	One Salem Street, Cos Cob

ADDICTION, RECOVERY AND SUBSTANCE USE

Description	Service	Gender/Ages	Contact/Host	Date	Time
Addiction Support	Group	All ages	Calvary Baptist Church	Tuesdays	7:30 - 9:00 PM
Adolescents with Addictions	Individual	Under 18	Darien Family & Youth Options	As scheduled	
Al-Anon	Group	All ages	Noroton Presbyterian Church	Mondays	8:00 PM
Al-Anon	Group	All ages	St. Thomas More - annex	Tuesdays	8:00 PM
Al-Anon - Beginners	Group	All ages	Silver Hill Hospital	Wednesdays	7:00 - 8:00 PM
Al-Anon - Parents	Group	Adults	Silver Hill Hospital	Wednesdays	8:00 - 9:00 PM
Al-Anon	Group	All ages	Silver Hill Hospital	Sundays	10:30 AM - NOON
Al-Anon	Group	All ages	St. Luke's Episcopal Church	Tuesdays	8:00 PM
Alateen	Group		First Congregational Church - Fairfield	Tuesdays	7:30 PM
Alateen	Group	9-12 and 13-20	Nichols United Methodist Church - Trumbull	Thursdays	8:00 PM
Alateen	Group		Greenwich Hospital	Thursdays	8:15 PM
Alcoholics Anonymous	Group	All ages	First Congregational Church	Mondays	12:00 PM
Alcoholics Anonymous	Group	All ages	First Congregational Church	Tues and Thurs	8:00 PM
Alcoholics Anonymous	Group	All ages	First Congregational Church	Saturdays	5:00 PM
Alcoholics Anonymous	Group	All ages	First Congregational Church	Sundays	6:15 PM
Alcoholics Anonymous	Group	All ages	First Congregational Church	Mon - Fri	7:30 AM
Alcoholics Anonymous	Group	All ages, female only	First Congregational Church	Fridays	7:30 AM
Alcoholics Anonymous	Group	All ages	First Congregational Church	Fridays	7:30 PM
Alcoholics Anonymous	Group	All ages	First Congregational Church	Saturdays	8:00 AM
Alcoholics Anonymous	Group	Teens & Young Adults	Greenwich Family & Youth Options	Tuesdays	4:30 - 5:30 PM
Alcoholics Anonymous	Group	All ages, female only	Noroton Presbyterian Church	Wednesdays	12:15 PM
Alcoholics Anonymous	Group	All ages	Noroton Presbyterian Church	Fridays	7:30 PM
Alcoholics Anonymous - Beginners	Group	All ages	Noroton Presbyterian Church	Fridays	7:30 PM
Alcoholics Anonymous	Group	All ages	Silver Hill Hospital	Fridays	8:30 - 9:30 PM
Alcoholics Anonymous	Group	All ages	St. John's R.C.Church	Fridays	5:30 PM
Alcoholics Anonymous	Group	All ages	St. Luke's Episcopal Parish Terrace Room	Tuesdays	5:30 PM
Alcoholics Anonymous	Group	All ages	St. Luke's Episcopal Parish	Thursdays	5:30 PM
Alcoholics Anonymous	Group	All ages	St. Thomas More - annex	Mondays	8:00 PM
Cadeucus AA - for MDs, DDSs	Group	All ages	Silver Hill Hospital	Tuesdays	7:00 - 8:30 PM
Counseling - For families with children/adolescents with addictions	Family	Families	Liberation Programs	As scheduled	

ADDICTION, RECOVERY AND SUBSTANCE USE cont'd

Description	Service	Gender/Ages	Contact/Host	Date	Time
Crisis Intervention	Emergency	Under 18	Darien Family & Youth Options	Please call	
Gamblers Anonymous	Group	All ages	First Congregational Church	Wednesdays	8:00 PM
Narcotics Anonymous	Group	All ages	Silver Hill Hospital	Thursdays	7:30 - 8:30 PM
Older Individuals in Recovery	Individual	Over 50	Liberation Programs	As scheduled	
Overeaters Anonymous	Group	Over 18	YWCA	Saturdays	9:00 -10:30 AM
Overeaters Anonymous	Group	Over 18	YWCA	Sundays	9:00 -10:30 AM
Overeaters Anonymous	Group	Over 18	YWCA	Tuesdays	6:30 - 7:30 PM
Overeaters Anonymous	Group	Over 18	YWCA	Wednesdays	7:00 - 8:00 PM
Seniors in Recovery	Group	Over 50	Liberation Programs	As scheduled	
Substance Abuse Counseling - For adolescents and families	Indiv/Family	18 and under	Darien Family & Youth Options	As scheduled	
Teen Support - For teens who have a loved one with an addiction	Group	Teens	Greenwich Family & Youth Options	As scheduled	

ASSAULT, CRISIS AND DOMESTIC VIOLENCE

Description	Service	Gender/Ages	Contact/Host	Date	Time
Counseling/Therapy	Individual	14+	Sexual Assault, Crisis and Education Center (SACEC)	As scheduled	
Court Advocacy	Individual	All ages	SACEC	As scheduled	24/7
Crime Victims Assistance	Individual	2 - 18	Child Guidance Center	As scheduled	
Domestic Violence Counseling	Group	Over 18, female only	Domestic Violence Crisis Center (DVCC) - Norwalk	Tuesdays	5:30 - 7:00 PM
Domestic Violence Counseling	Individual	All ages	DVCC - Norwalk	As scheduled	
Emergency Assistance	Indiv/Family	All ages	Person-to-Person	As scheduled	
Female Rape Survivors	Group	Over 18, female only	SACEC	Mondays	7:45 - 9:15 PM
Female Survivors of Incest/Sexual Abuse	Group	Over 18, female only	SACEC	Mondays	6:00 - 7:30 PM
Hospital Accompaniment	Emergency	All ages	SACEC	As scheduled	24/7
Male Survivors of Sexual Assault	Group	Over 18, male only	SACEC	Mondays	7:00 - 8:30 PM
Personal Safety	Education	All ages	SACEC	As scheduled	
Police Accompaniment	Emergency	All ages	SACEC	As scheduled	24/7

ASSAULT, CRISIS AND DOMESTIC VIOLENCE cont'd

Description	Service	Gender/Ages	Contact/Host	Date	Time
Recognizing Child Sexual Abuse	Education	Over 18	SACEC	As scheduled	
Spanish Speaking Domestic Violence Group	Group	Over 18, female only	DVCC - Norwalk	Tuesdays or Thursdays	10:00 AM - NOON
Teen Survivors of Sexual Abuse	Group	14-18	SACEC	As scheduled	

BEREAVEMENT

Description	Service	Gender/Ages	Contact/Host	Date	Time
Adolescent Bereavement	Group	13-18	Center for Hope	Please call	
Art as Therapy	Group	All ages	Center for Hope	Please call	
Caregivers Support	Group	Over 18	Center for Hope	Please call	
General Bereavement	Group	All ages	Center for Hope	Please call	
Illness and Bereavement Counseling	Individual	All ages	Center for Hope	As scheduled	
Loss of a Child	Group	Over 18	Center for Hope	Please call	
Meditation Hour	Group	Over 18	Center for Hope	Please call	
Senior Bereavement	Group	Over 50	Center for Hope	Please call	
Suicide Survivors	Group	All ages	Center for Hope	Please call	
Tea and Empathy	Group	Over 18	Center for Hope	Please call	
Young Widow/Widowers	Group	Over 18	Center for Hope	Please call	

CHILDREN AND ADOLESCENTS

Description	Service	Gender/Ages	Contact/Host	Date	Time
Art Therapy	Group	9-11	FCA	As scheduled	
Behavior Assessment	Assessment	All ages	STAR - home based service	As scheduled	
Case Management	Individual	2-18	System of Care	As scheduled	
Children of Divorce	Group	Varies	Family Centers	As scheduled	
Counseling	Individual	14-19	Darien High School - Social Worker	As scheduled	
Counseling - For adolescents involved w/ substance abuse	Indiv/Family	All ages	Darien Family & Youth Options	As scheduled	
Counseling/Therapy	Individual	3-18	Family Centers	As scheduled	
Counseling/Therapy	Individual	2-18	Child Guidance Center	As scheduled	
Crime Victims Assistance	Individual	2-18	Child Guidance Center	As scheduled	
Developmental Evaluations	Individual	2-18	Child Guidance Center	As scheduled	
Eating Disorder	Indiv/Group	All ages, female only	The Renfrew Center of Wilton	As scheduled	
Eating Disorder	Indiv/Group	All ages	The Wilkins Center	As scheduled	
Family Therapy	Family	All ages	Family Centers	As scheduled	
Family Therapy	Family	All ages	Child Guidance Center	As scheduled	
Funbusters - For children with disabilities	Group	19+	YWCA/Noroton Presbyterian	Thursdays	6:30 PM
Gay/Lesbian/Transgender	Indiv/Group	All ages	Triangle Community Center	As scheduled	
ICAPS - Intensive In-Home Child & Adolescent Psychiatric Service	Family	5-17	Family & Children's Agency	As scheduled	
Kids in Crisis	Emergency	0-18	Kids in Crisis	As scheduled	
Language Based Play	Group	0-3	STAR/Rubino Family Center	Tuesdays	10:00 - 11:15 AM
MDFT - Intensive Home Based Therapy	Family	12-18	Child Guidance Center	As scheduled	
Mobile Crisis Services	Emergency	2-18	SACEC	As scheduled	
Mobile Crisis Services	Emergency	All ages	Child Guidance Center	As scheduled	
Parent Education	Individual	Adults	Family Centers	As scheduled	
Parent Guidance	Individual	Adults	Child Guidance Center	As scheduled	
Premature Babies Support	Indiv/Group	All ages	The Tiny Miracles Foundation	As scheduled	
Pregnancy Counseling	Individual	All ages	Planned Parenthood/Stamford	As scheduled	
Pregnancy Counseling	Individual	All ages	Planned Parenthood/Norwalk	As scheduled	
Pro-life Pregnancy Support	Individual	All ages	Birthright of Greater Stamford	As scheduled	
Pro-life Pregnancy Support	Individual	All ages	Birthright of Greater Norwalk	As scheduled	
Psychiatric Services	Individual	2-18	Child Guidance Center	As scheduled	

CHILDREN AND ADOLESCENTS cont'd

Description	Service	Gender/Ages	Contact/Host	Date	Time
Psychiatric Services	Individual	2-18	Family Centers	As scheduled	
Psychological Testing	Individual	2-18	Child Guidance Center	As scheduled	
Self Harm Counseling	Individual	All ages	Child Guidance Center	As scheduled	
Self Harm Counseling	Individual	All ages	Family Centers	As scheduled	
Self Harm Counseling	Individual	All ages	Silver Hill Hospital	As scheduled	
Self Harm/Suicide	Indiv/Group	All ages	Silver Hill Hospital	As scheduled	
Suicide Support	Individual	All ages	Suicide Prevention Hotline	Daily	24 Hours a day
Teen Issues	Group	14-18, male only	Greenwich Family Centers	Tuesdays	6:30 - 7:45 PM
Transition to High School	Group	Freshmen	Darien High School	Weekly	

COUPLES, MARITAL AND DIVORCE ISSUES

Description	Service	Gender/Ages	Contact/Host	Date	Time
Children of Divorce	Group	Varies	Family Centers	As scheduled	
Counseling	Couples	All ages, couples	Calvary Baptist Church	As scheduled	
Counseling	Couples	Over 18	FCA	As scheduled	
Counseling	Individual	Over 18	Family Centers	As scheduled	
Counseling	Individual	All ages	Calvary Baptist Church	As scheduled	
Divorce Support	Group	Over 18	Family Centers	Wednesdays	6:00 - 7:30 PM
Domestic Violence	Group	Over 18, female only	DVCC	Tuesdays	5:30 - 7:00 PM
Domestic Violence	Individual	All ages	DVCC	As scheduled	
DV Emergency Shelter	Emergency	All ages, women & kids	Call 24-hour Hotline: 852-1980		
Engaged Workshop	Workshop	Over 18, couples	Noroton Presbyterian Church	Two times per year	
Focus on K.I.D.S.	Couples	Over 18, parents	Family & Children's Agency	As scheduled	
Focus on Kids - for parents in high conflict divorce situations	Couples	Over 18	Family Centers	As scheduled	
Rebuilding after Divorce	Group	Over 18	St. Luke's Episcopal Church	As scheduled	6 weeks
Spanish-Speaking Domestic Violence Group	Group	Over 18, female only	DVCC	Tuesdays or Thursdays	10:00 AM - NOON

DISABILITIES AND SPECIAL NEEDS

Description	Service	Gender/Ages	Contact/Host	Date	Time
Behavior Assessment	Assessment	All ages	STAR - in home services	As scheduled	
Counseling/Support - Spanish and english speaking groups	Group	Mothers	Rubino Family Center/STAR	Quarterly, on Wed	
Counseling/Therapy	Family	Over 18	STAR - in home services	As scheduled	
Counseling/Therapy	Individual	Over 18	STAR - in home services	As scheduled	
Developmental Evaluations	Individual	2-18	Child Guidance Center	As scheduled	
Funbusters	Group	Over 19	YWCA/Noroton Presbyterian	Thursdays	6:30 PM
Language-Based Play	Group	0-3	Rubino Family Center/STAR	Tuesdays	10:00 - 11:15 AM
STEPS - Advocacy and support for parents with special needs kids	Group	Over 18	YWCA	As scheduled	

EMPLOYMENT AND JOB LOSS

Description	Service	Gender/Ages	Contact/Host	Date	Time
Career Counseling	Individual	Over 18	Urban League of SWCT	Please call	
Computer Skills	Class setting	Over 18	Norwalk Community College	As scheduled	
Computer Skills	Group	Over 18	YWCA	As scheduled	
Counseling	Indiv/Group	Over 18	YWCA	As scheduled	
Job Training	Individual	All ages	CT Works	As scheduled	
Job Training/Computer Class	Class	Over 18	Urban League of SWCT	Day & Evening classes offered	
Support Services	Indiv/Family	All ages	Person-to-Person	As scheduled	

GAY, LESBIAN, BISEXUAL AND TRANSGENDER

Description	Service	Gender/Ages	Contact/Host	Date	Time
Clearinghouse	Individuals	All ages	True Colors	M-F	9:00 - 6:00 PM
Hotline	Individual	All ages	Gay & Lesbian National Hotline	M-F	4 PM - 12:00 AM
Hotline	Individual	All ages	Gay & Lesbian National Hotline	Saturday	12:00 - 5:00 PM
Listing of gay-straight alliances in high schools for students	Individuals	All ages	Gay, Lesbian Straight Education Network	M-F	9:00 - 4:30 PM
Support Group	Group	16-22	Triangle Community Center	Sundays	4:00 PM
Support Group	Group	All ages, women	Triangle Community Center	Once a month	Call for hours
Group	Support Group	All ages, men	Triangle Community Center	3rd Sunday of every month	7:30 - 9:00 PM
Family/Friends	Support Group	All ages	PFLAG/Triangle Comm Center	1st Wed. of every month	7:30 PM

ILLNESS, PHYSICAL AND MENTAL HEALTH

Description	Service	Gender/Ages	Contact/Host	Date	Time
Art as Therapy	Group	All ages	Center for Hope	As scheduled	
Cancer Sewing Group	Group	All ages, female only	St.John's R.C.Church	Tuesdays	10:00 AM
Caregivers Support	Group	Over 18	Center for Hope	As scheduled	
Caregivers Support	Group	Over 18	Host: Elderhouse; Location: First Congregational Church	Third Wednesday	6:30 - 7:30 PM
Counseling - HIV affected	Individual	2-18	Child Guidance Center	As scheduled	
Counseling/Therapy	Individual	All ages	Family Centers	As scheduled	
Counseling	Group	Over 18, female only	Family & Children's Agency	Tuesdays	10:00 - 11:00 AM
Eating Disorder	Indiv/Group	All ages, female only	The Renfrew Center of Wilton	As scheduled	
Eating Disorder	Indiv/Group	All ages	The Wilkins Center	As scheduled	
Eating Disorder			Silver Hill Hospital		
Eating Disorder			Stamford Health System		
Hearts of Hope - Cardiac Rehabilitation	Group	All ages	Center for Hope	As scheduled	
Illness and Bereavement Counseling	Individual	All ages	Center for Hope	As scheduled	
Illness support	Individual	All ages	Center for Hope	As scheduled	
Leukemia and Lymphoma - For children with cancer	Group	Children	Center for Hope	As scheduled	6:15 - 7:15 PM

ILLNESS, PHYSICAL AND MENTAL HEALTH cont'd

Description	Service	Gender/Ages	Contact/Host	Date	Time
Leukemia and Lymphoma - For parents with a child who has cancer	Group	Parents	Center for Hope	As scheduled	6:15 - 7:15 PM
Living with Cancer	Class	Over 18, female only	St. Birgitta	As scheduled	
Meditation Hour	Group	Over 18	Center for Hope	As scheduled	
Suicide Survivors	Group	All ages	Center for Hope	As scheduled	
Yoga for the Ill or Bereaved	Individual	Over 18	Center for Hope	Fridays	11:15 AM

PARENTING

Description	Service	Gender/Ages	Contact/Host	Date	Time
Counseling	Family	All ages	Child Guidance Center	As scheduled	
Counseling	Family	All ages	Family Centers	As scheduled	
Counseling	Individual	All ages	Family Centers	As scheduled	
Counseling/support - Spanish and English speaking groups	Group	Mothers	Rubino Family Center/STAR	Quarterly, on Wed	
Counseling/Therapy	Family	Over 18	STAR - in home services	As scheduled	
Counseling/Therapy	Family	Coed	FCA	As scheduled	
Counseling/Therapy	Individual	Over 18	STAR - in home services	As scheduled	
Father's Forum	Group	Over 18, male only	Darien High School	Saturdays	8:00 - 9:30 AM
Focus on K.I.D.S.	Couples	Over 18	Family & Children's Agency	As scheduled	
Focus on Kids - For parents in high conflict divorce situations	Couples	Over 18	Family Centers	As scheduled	
Moms Support Group - For moms with children suffering from addictive behaviors	Group	Over 18, female only	Darien Family & Youth Options	As scheduled	
Mom to Mom	Group	Over 18, female only	Noroton Presbyterian Church	Thursdays	9:30 - 11:00 AM
Mothers Support Group	Group	Over 18, female only	St. Luke's Episcopal Parish	Fridays	12:00 PM
Parent Awareness Network	Group	Over 18	YWCA	As scheduled	
Parent Education	Couples	All ages	Family Centers	As scheduled	
Parent Education	Individual	All ages	Family Centers	As scheduled	
Parent Guidance	Couples	Over 18	Child Guidance Center	As scheduled	
Parent Guidance	Individual	All ages	Child Guidance Center	As scheduled	
Parenting Education (PEP)	Couples	Over 18	Family Centers	As scheduled	
Parenting Education (PEP)	Couples	Over 18	FCA	As scheduled	
Parents of Teens Book Group	Group	Over 18	Noroton Presbyterian Church	Wednesdays	9:30 - 10:45 AM
Parents w/ Adopted Kids	Group	Over 18	YWCA	Monthly	

SUPPORT GROUPS FOR ...

Adoption/Foster Care	Drug Dependency	Postpartum Depression/Anxiety
Alcohol Dependency	Elder Abuse	Post Traumatic Stress Disorder
Aging/Older Adult	Families/Friends of Alcoholics	Pregnancy/Childbirth
Anxiety Disorders	Families/Friends of Drug Abusers	Premature Babies
Artistic/Creativity	Families of Inmates	Prostitution Related
Bereavement	Gambling	Religion/Spirituality
Caregiver/Care Receiver	Gay/Lesbian/Bisexual/Transgender	Schizophrenia
Child Abuse	General Addiction/Dependencies	Separation/Divorce
Chronic Illness	Health Related	Shoplifting/Kleptomania
Clutter/Hoarder	Homicide Survivors	Sexual/Love Addiction
Codependents Anonymous	Kinship Caregiver	Sexual Assault/Incest
Computer/Video Game Addiction	Infertility	Smoking Addiction
Crime Victim	Men	Stepfamily/Blended Family
Cross Dresser Support Groups	Mental Health	Suicide Survivors
Cult	Military Family	Terminal Illness
Debt/Overspending	Obsessive Compulsive Disorder	Weight Related
Depression/Bipolar	Offender/Ex-Offender	Widow/Widower
Disability Related	Parents	Women
Domestic Violence	Pet Loss	Youth/Student
Drug Dependency	Postabortion	

**TO FIND A SUPPORT GROUP IN YOUR AREA, PLEASE CONTACT 2-1-1
OR CALL CT SELF- HELP NETWORK M-F 624-6982 (FOR HEALTH RELATED ISSUES)**

AGENCY DIRECTORY					
Name	Description	Location	Contact	Phone Number	Website
211	Toll-free Confidential Statewide Information and Referral and Crisis Intervention			211	www.211infoline.org
Alcoholics Anonymous					www.ct-aa.org
Catholic Charities	Senior nutrition	30 Myano Lane, Suite 12 Stamford, CT 06902	Cindy Phelps	323-1105 x30	www.bridgeportdiocese.com
Catholic Charities	Mental health & family support services	30 Myano Lane, Suite 12 Stamford, CT 06902	Terry Guillan	323-1105 x12	www.bridgeportdiocese.com
Center for Hope/Family Centers	Bereavement and health counseling	590 Post Road Darien, CT 06820	Deirdre Lewin, Director	655-4693	www.familycenters.org
Child Guidance Center of Southern CT	Child and family counseling	972 Post Road Darien, CT 06820	Susan Jasko, LCSW	662-9380	www.childguidancect.org
Child Guidance Center of Mid-Fairfield County	Behavioral health services for children and their families	100 East Avenue Norwalk, CT 06851	Stuart Greenbaum, Executive Director	299-1315	www.mfcgc.org
CT Works	Employment services	c/o Ben Franklin Ctr, 165 Flax Hill Rd., Norwalk, CT	Carmen Delgado	831-8272	www.ctdol.state.ct.us
Darien Family & Youth Options/ Liberation Programs	Addiction services for children, adolescents and families	2 Renshaw Road Darien, CT 06820	Moira Rizzo, LMFT, Director, DFYO	655-8973	www.liberationprograms.org
Darien Senior Center	Senior services	30 Edgerton Street Darien, CT 06820	Nancy Zengo, Director	655-1705	dsac.darien.org
Darien Social Services	Social services for darien residents	2 Renshaw Rd. Darien, CT 06820	Judy Morrison, Director	656-7328	darienct.gov
Depot	Youth services	45 Heights Road Darien, CT 06820	Laura Woodward Cavers, Executive Director	655-0812	www.dariendepot.org
Domestic Violence Crisis Center (DVCC)	Domestic violence services	5 Eversley Avenue, #303 Norwalk, CT 06851	Rachelle Kucera Mehra, Executive Director	852-1980	www.dvccct.org
Domestic Violence Crisis Center (DVCC)	Domestic violence services	131 Franklin Street Stamford, CT 06901	Kathleen M. Healy	965-0049	www.dvccct.org
Dubois Center	Mental health agency	780 Summer Street Stamford, CT 06901	Sandy Wilson, Clinical Director	388-1600 Crisis: 358-8500	www.ct.gov/dmhas
ElderHouse	Adult day care	7 Lewis Street Norwalk, CT 06851	Denise Cesareo, Executive Director	847-1998	www.elderhouse.com
Family and Children's Agency (FCA)	Family, child and adult counseling	9 Mott Avenue Norwalk, CT 06850	Ingrid Kurensky, Intake Coordinator	855-8765	www.familyandchildrensagency.org
Family Centers/Center for Hope	Family, child and adult counseling	590 Post Road Darien, CT 06820	Gil Consolini, Director of Behavioral Health	655-0547	www.familycenters.org
Gay, Lesbian, Straight Education Network	Gay, lesbian, bi-sexual and transgender	P.O. Box 2405, Stamford, CT 06906		288-2399	www.glsen.org/connecticut
Kids in Crisis	Housing/Shelter for children and adolescents	1 Salem Street Cos Cob, CT 06807	Emily Goldschmid, Outreach Coordinator	327-KIDS (5437)	www.kidsincrisis.org
Liberation Programs/Family and Youth Options (Greenwich)	Addiction services for children, adolescents and families	Field Point Road Greenwich, CT 06830	Alan Mathis, Executive Director	869-1349	www.liberationprograms.org
Norwalk Community College		188 Richards Ave., Norwalk, CT 06854	Debbie Allen, Director of Counseling	857-7000	www.ncc.commnet.edu
Person-to-Person	Emergency assistance	1864 Post Rd, Darien CT 06820	Marina Thomas, Director of Social Services	655-0048	www.p2pdarien.org
Renfrew Center of CT	Eating disorders	436 Danbury Road Wilton, CT 06897	Joseph Vanella, Site Director	834-5020 or 1 800 RENFREW	www.renfrew.org

AGENCIES cont'd					
Name	Type of Agency	Location	Contact	Phone Number	Website
Parents, Families, Friends of Lesbians and Gays (PFLAG)	Gay, lesbian, bi-sexual and transgender	16 River Street, Norwalk CT 06855		226-0257	www.pflag.org
Project Reward	Womens substance abuse day program	9 Mott Avenue Norwalk, CT 06850		831-6301	
Sexual Assault, Crisis and Education Center (SACEC)	Sexual assault services	1 Dock Street, Ste. 320 Stamford, CT 06902	Nicole Madonna, Clinical Director	348-9346 hotline: 329-2929	www.sacec-ct.org
Silver Hill Hospital	Mental health services; suicide self harm, eating disorder, substance abuse	208 Valley Road New Canaan, CT 06840	Rista Luna, Director of Admissions	(800) 899-4455	www.silverhillhospital.org
System of Care	Case management	103 W. Broad Stamford, CT 06902	Elie Hartog, Coordinator	517-3315	
The Tiny Miracles Foundation	Support and services for parents of premature babies	25-13 Old Kings Hwy N. Darien, CT 06820	Leelee Klein	921-7427	www.ttmf.org
Triangle Community Center	Gay, lesbian, bi-sexual and transgender	16 River Street (Mechanic Street entrance) Norwalk, CT		853-0600 crisis: 222-8294	www.ctgay.org
True Colors	Gay, lesbian, bi-sexual and transgender	945 Main St., Suite 211 Manchester CT 06040	Robin McHaelen	888-565-5551	www.ourtricolors.org e-mail: TCCenter@aol.com
Urban League of Southern CT	Self sufficiency	46 Atlantic St., Stamford, CT 06901	Valarie Shultz-Wilson, Executive Director	327-5810	www.ulswc.org
Wilkins Center for Eating Disorders	Eating disorders	7 Riversville Road Greenwich, CT 06831	Dr. Diane Mickley	531-1909	www.wilkinscenter.com
YWCA	Women's services	49 Old King's Highway Darien, CT 06820	Rita Shaughnessy, Executive Director	655-2535	www.ywcadariennorwalk.org
CHURCHES					
Calvary Baptist Church		988 Post Road Darien, CT 06820	Rev. Tony Gibson	655-0318	calvarybaptist.darien.org
First Congregational Church		14 Brookside Road Darien, CT 06820	Rev. Larry Wood	655-0491	www.uccdarien.org
Noroton Presbyterian Church/NPC		2011 Post Road Darien, CT 06820	Rev. David Jordan-Haas	655-1451	www.norotonchurch.org
St. John's Roman Catholic Church		1986 Post Road Darien, CT 06880	Rev. Frank McGrath Rev. Christopher Samele	655-1145	www.stjohndarien.com
St. Luke's Episcopal Church		1864 Post Road Darien, CT 06880	Rev. David Anderson, Rev. Paul Carling	655-1456	www.saintlukesdarien.org
St. Paul's Episcopal Church		471 Mansfield Avenue Darien, CT 06820	Rev. Christopher Leighton	655-8773	www.stpaulsdarien.org
St. Thomas More		384 Middlesex Road Darien, CT 06820	Rev. Barry Furey, Sr. Madeline McAdam	655-3303	www.stmdarienct.org
United Methodist Church		345 Middlesex Road Darien, CT 06820	Rev. Anne Bracket	655-1469	www.umcdarien.org
HOSPITALS					
Greenwich Hospital		5 Perryridge Road Greenwich, CT 06830		863-3000 (800) 657-8355	www.greenhosp.org
Norwalk Hospital		Maple Street Norwalk, CT 06856		852-2000	www.norwalkhosp.org
Stamford Hospital		30 Shelburne Road Stamford, CT 06902		325-7000	www.stamfordhospital.org

"Creating Connections" is a service of the Darien Human Services Planning Council (HSPC).

The HSPC was founded in 2005 under the auspices of The Community Fund of Darien. The mission of the HSPC is to identify human service needs in Darien and the services that exist to meet those needs, educate the community about these, and work collaboratively to address gaps in services. The HSPC includes representation from town government and departments, nonprofit agencies and organizations, schools, clergy, parent organizations, and community volunteers. The Mental Health Committee of the HSPC is working to educate both professionals and the public about mental health and support services and thus, this publication was born. It was first published in June 2007 and updated in March 2008. If you have any questions about the HSPC or The Community Fund, please contact Executive Director Kiki Karpen at 655-8775.

